We care about what happens after you receive “your prescription for towels”. You are considered to be the most important part of our practice, and we are very interested in your over-all “towel health”. Doctor Joe has never lost a patient! That’s why it’s essential to offer some suggestions on the care and wise use of your towels, even before you remove them from the package.

WASHING COTTON TOWELS- In order to reduce freight cost, some of our towels have been compressed. Please WASH and DRY BEFORE putting them into service. They will fluff beautifully! Follow instructions listed on the towel label. Bleach could damage your towels. Do not use bleach at all unless you have purchased the good Doctor’s special Safe-2-Bleach® Towels.

POSSIBLE SIDE EFFECTS- Do not wash different types of towels together. Dr. Joe suggests that you wash each color separately. NEVER wash white towels with colors. Stay away from fabric softener, as it reduces absorbency. Do not overload washer or dryer, it causes your towels’ fibers to weaken and possibly fray. Your towels’ useful life will also be shortened.

MICROFIBER TOWELS & SPA APPAREL- Washing is easily done by just placing the products into a washing machine and washing with any soap or detergent you prefer. However, there are four restrictions: (1) **Never wash Microfiber products with cotton fabrics...especially towels!** The Microfiber products will treat the lint generated by the cotton fabric like dirt and store the tiny cotton particles within the microfibers.(2) **Never use fabric softener.** The Microfiber will accumulate fabric softener as if it were “Scotch Guard” (water repellant) and saturate the microfibers, reducing their effectiveness. (3) **Use low temperature when drying.** (4) Unless the towel is Safe-2-Bleach®, **do not use chlorine bleach.**

AFTER YOUR TEST WASH, YOU MUST WASH & MACHINE-DRY ALL TOWELS BEFORE THEIR USE- Nothing will bang more lint out of the towel than a few good spin cycles in the dryer. Washing also makes your towels softer and more absorbent. Remember to clean the lint trap before and after each drying cycle. A good wash formula is 1 cup of white vinegar with ½ cup of detergent. This will help release lint, break the towels in, and keep them fresh.